

# IYENGAR YOGA SDC JUNE 2017



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## KAIMUKI – 1132 Kokohead Ave.

## MOILIILI – 2535 S King St.

Day	Class Time	Teacher	Lvl
Sun	9:30AM -10:45AM	Chris Havener	1B
Sun	11:30AM -12:30PM	Deb Lau	1A
Sun	5:30PM - 6:30PM	Jim Dillman	1A
Mon	7:00AM - 8:00AM	Ae Ja Mobley	Prny
Mon	8:00AM - 9:00AM	Ae Ja Mobley	1A
Mon	9:00 – 10:30 AM	Glenn Kawana	2
Mon	11:00 AM - noon	Glenn Kawana *	1A
Mon	4:30 – 5:30 PM	Chris Havener	1A
Mon	5:30 – 7:00 PM	Glenn Kawana	2
Mon	7:00 – 8:00 PM	Purnima Manghnani	1A
Tue	6:00 – 7:15 AM	Chris Havener *	1B
Tue	7:45 – 8:45 AM	Chris Havener	1A
Tue	9:00 – 10:30 AM	Glenn Kawana	2-3
Tue	4:30 – 6:00 PM	Val Hobensack	2
Tue	6:00 – 7:00 PM	Val Hobensack	1B
Wed	6:00 – 7:30 AM	Purnima Manghnani	2
Wed	7:45 – 8:45 AM	Sandi Jordan	1A
Wed	9:00 – 10:30 AM	Glenn Kawana	2
Wed	11:00 AM – noon	Ann-Marie Brege * ♦	1A
Wed	4:30 – 5:30 PM	Jim Dillman	1A
Wed	5:30 – 7:00 PM	Chris Havener	2
Thur	6:00 – 7:15 AM	Laurie Freed *	1B
Thur	7:45 – 8:45 AM	Laurie Freed *	1A
Thur	4:30 – 6:00 PM	Val Hobensack	2
Thur	6:00 – 7:00 PM	Val Hobensack	1A
Fri	7:45 – 8:45 AM	Glenn Kawana	1A
Fri	9:00 – 10:30 AM	Glenn Kawana	2
Fri	11AM - 12:15PM	Purnima Manghnani *	1B
Fri	4:30 – 5:30 PM	Jim Dillman	1A
Fri	5:30 – 7:00 PM	Chris Havener	2
Sat	7:30 – 8:30 AM	Deb Lau *	1A
Sat	8:45 – 10:15 AM	Chris Havener *	2
Sat	10:30 – 11:30 AM	Jim Dillman	1A
Sat	4:30 PM – 5:30 PM	Catherine Hage	1A

♦ Glenn will teach this Kaimuki Level 1A class (Wednesdays 11am-noon) for all of June and July

\* Interim Teacher

Day	Class Time	Teacher	Lvl
Sun	7:45 – 8:45 AM	Alison Mito	1A
Sun	9:00 – 11:00 AM	Ae Ja Mobley	2-3
Mon	9:00 – 10:00 AM	Valerie Hobensack	1A
Mon	5:30 – 6:30 PM	Sandi Jordan	1A
Tue	1:30 – 2:30 PM	Eunice Sakai / Seniors <b>Discounted Rates ▲</b>	Sen
Tue	4:30 – 5:30 PM	Glenn Kawana	1A
Tue	5:30 – 7:00 PM	Glenn Kawana	2
Wed	9:00 – 10:00 AM	Jim Dillman	1A
Wed	5:30 – 6:30 PM	Glenn Kawana	1A
Thur	7:30 – 8:30 AM	Ae Ja Mobley/Seniors <b>Free Senior Class</b>	Sen
Thur	1:30 – 2:30 PM	Eunice Sakai / Seniors <b>Discounted Rates ▲</b>	Sen
Thur	5:30 – 7:00 PM	Ae Ja Mobley ♥	2
Fri	9:00 – 10:00 AM	Valerie Hobensack	1A
Fri	5:15 – 6:15 PM	Ann-Marie Brege	1A
Sat	7:45 – 8:45 AM	Alison Mito	1A
Sat	9:00 – 11:00 AM	Ae Ja Mobley	2-3
Sat	11:15 – 12:45 PM	Eunice Sakai / Seniors <b>Discounted Rates ▲</b>	Sen

♥ AE JA: Pranayama/Restorative on Thurs June 29<sup>th</sup>.

## IYENGAR YOGA Silent Dance Center



Celebrating 40 years in Hawaii

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